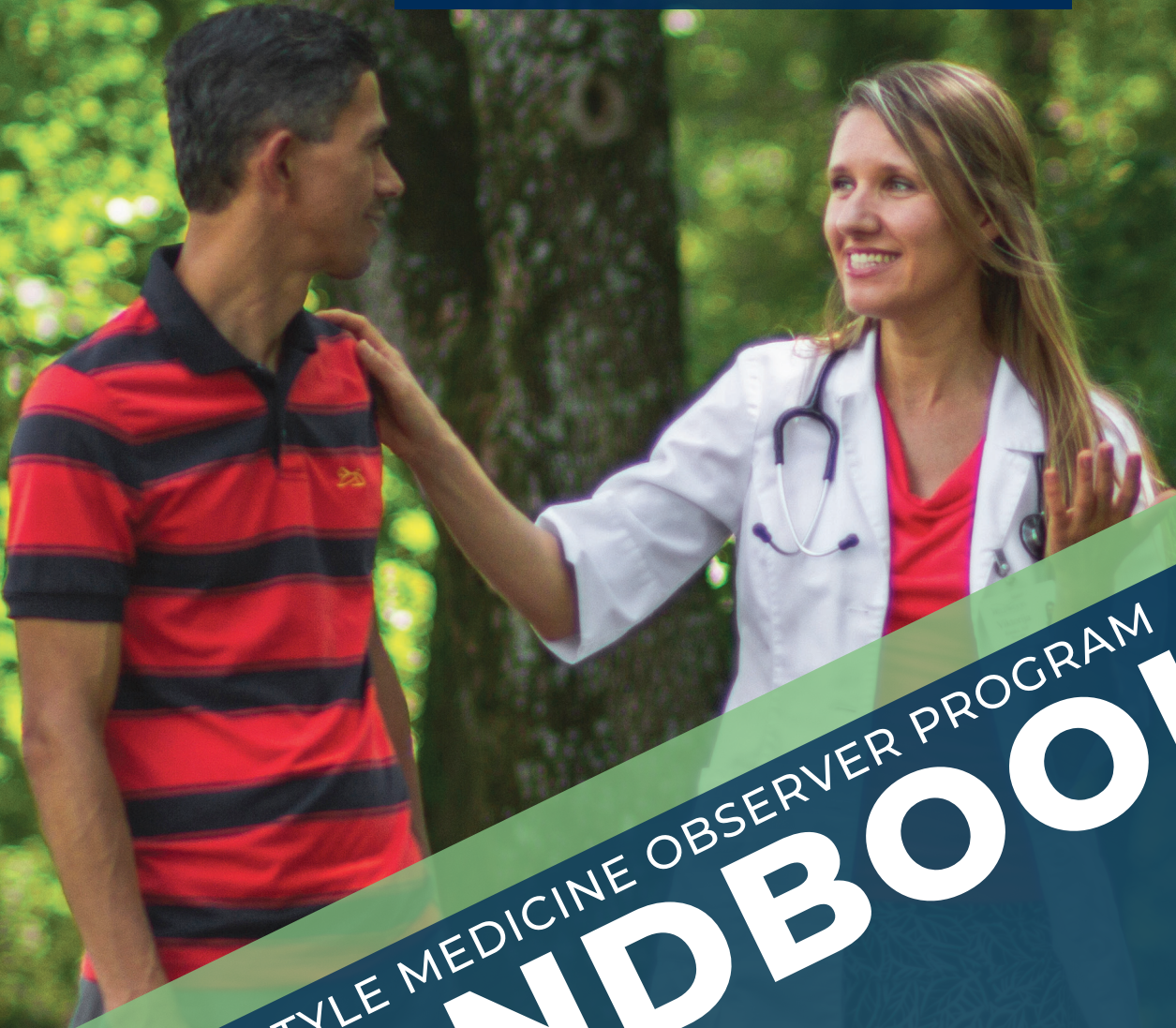




Wildwood

L I F E S T Y L E C E N T E R



LIFESTYLE MEDICINE OBSERVER PROGRAM

HANDBOOK

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THE WILDWOOD LIFESTYLE CENTER

Welcome

Thank you for your interest in the Wildwood Lifestyle Center. We have prepared this handbook to help you become familiar with our training program. In this booklet you will also find information about the privileges and responsibilities you will have as a member of the Wildwood community.

At our Lifestyle Center we welcome guests dealing with various medical concerns, such as cancer, diabetes, hypertension, depression, and others. Providers also offer consultations for outpatients through mental and spiritual counseling, lifestyle education, phytotherapy and hydrotherapy, among other treatments.

As global leaders on natural medicine, we are well known for providing an atmosphere that encourages spiritual growth and helping others find the more abundant life God has promised. We look forward to hearing from you!

Mission Statement

To prepare Seventh-Day Adventist missionary-minded health professionals to implement in their medical practice an excellent level of lifestyle education and natural remedies.

Our History

In 1941 Neil Martin, W.D. Frazee and George McClure moved to the south with the same aspiration: Building a sanitarium and a medical missionary school. They had no land, no money, and none of the necessary building tools and materials. Earnest prayers, a firm faith in God, and a willingness to work hard was all they needed, and God provided the rest.

Fast forward to today. Our staff has been training and treating thousands of people from all around the world for more than 75 years. We are a well established medical ministry in the Chattanooga area, and are recognized by the Seventh-Day Adventist Church (including ASI).

Our Philosophy

From the very beginning our philosophy has been to minister to individuals, not just by treating symptoms, but also by living a healthy lifestyle. This is the way God intended for them to live. More than natural remedies, we recognize God as the source of all healing. Our identity as an institution is based on the principles taught in the Bible and the Spirit of Prophecy.

MEDICAL MISSIONARY WORK

“Every medical practitioner may through faith in Christ have in his possession a cure of the highest value—a remedy for the sin-sick soul. The physician who is converted and sanctified through the truth is registered in heaven as a laborer together with God, a follower of Jesus Christ. Through the sanctification of the truth, God gives to physicians and nurses wisdom and skill in treating the sick, and this work is opening the fast-closed door to many hearts. Men and women are led to understand the truth which is needed to save the soul as well as the body.”

Counsels on Health, page 331.1

“A forward step is imperative; a new note must be struck. Thousands of laymen must now hear and repeat the call to medical missionary evangelism. Hundreds of nurses who have had a thorough training in denominational sanitariums should engage in medical evangelism, and with some additional training they could be leaders in the work. Scores of young men should qualify to be lecturers. Physicians should sense fully their responsibility of imparting the message of health and temperance in talks and lectures in Adventist churches and before non-Adventist audiences in the great cities. Ministers should lead out as organizers and teachers of bands of young evangelists.”

A Call to Medical Evangelism and Health Education, page 5.6

“Every sincere Christian bows to Jesus as the true Physician of souls. When He stands by the bedside of the afflicted, there will be many not only converted, but healed. If through judicious ministrations the patient is led to give his soul to Christ and to bring his thoughts into obedience to the will of God, a great victory is gained.”

A Call to Medical Evangelism and Health Education, page 18.4

“Intemperance has well-nigh filled the world with disease, and the ministers of the gospel cannot spend their time and strength in relieving all in need of help. The Lord has ordained that Christian physicians and nurses shall labor in connection with those who preach the Word. The medical missionary work is to be bound up with the gospel ministry.”

The Review and Herald, September 10, 1908.

LIFESTYLE MEDICINE OBSERVER COURSE

Course Description

The Lifestyle Medicine Observer Program is a one-month program designed for health professionals willing to implement in their medical practice an excellent level of lifestyle education and natural remedies with a missionary perspective.

Curriculum

State licensed medical professionals will provide mentorship and guidance to every participant. The content of the training is customized to the observer's requests and needs. It combines theoretical, practical and collaborative learning. A representative curriculum is available at observer.wildwoodhealth.com/curriculum.

- ▶ 50+ hours of clinical practice
- ▶ 40+ hours of theoretical training in lifestyle medicine
- ▶ 30+ hours of training in evidence-based practice of natural remedies
- ▶ 30+ hours of supervised work on customized assignments

Certificates

Wildwood Lifestyle Center offers certificates of completion. They do not represent certification from any accrediting agency, state or national agency, or any other external body.

Qualifications for Enrollment

Seventh-Day Adventist individuals motivated to learn about lifestyle medicine and natural remedies are eligible to enter the program.

Applicants holding a postgraduate degree in a medical field will be prioritized, however, we will do our best to receive any person with practical health/medical training and experience.

FINANCES

Program Costs

The costs of the Lifestyle Medicine Observer Program are as follows:

Tuition.....	\$ 3,250
Tuition & 1 Meal per day.....	\$ 3,510
Tuition & Accommodation.....	\$ 3,750

Payment Schedule

1. Two weeks after acceptance:
10% tuition down payment (non-refundable).....\$ 350

Total	\$ 350
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Refund Policy

All cancellations must be made in writing and sent or delivered to the Medical Training Team. Please note that the 10% tuition down payment is non-refundable. Participants requesting a refund after the program has started will receive a 50% refund of tuition, if submitted within 7 calendar days after the first day of class.

WILDWOOD GUIDELINES

Dress Code

- ▶ Understanding that proper dress helps in our personal witness for Christ, we ask that all staff and students wear modest, neat, clean, attractive, sensible, and practical attire in a way that is current to the times, using colors that are complimentary, or matching.
- ▶ Sleeveless, cap sleeves, low-necked tops, and clinging or see through materials are not to be worn by men or women.
- ▶ Women are expected to wear dresses or skirts at all times. All dresses or skirts must fall well below the knee whether the wearer is standing or seated. Slits in dresses will only be acceptable if the slit is also well below the knee whether the wearer is standing or seated and if the dress is loose fitting.
- ▶ If women wish to wear slacks, they must be worn under a proper length dress when in public. Note: It would be best to have slacks and dress color coordinated. Culottes are permitted if they are feminine in appearance, loose fitting, have the general appearance of a skirt and meet the guidelines of the second bullet. They are not to be worn in any Wildwood business, in class, or at church services.
- ▶ Men can wear shorts if they go below the knee when the wearer is seated, and are not to be worn in any Wildwood business, in class, or at church services.
- ▶ The wearing of a wedding ring or any other type of jewelry is not acceptable. This does not include tie tacks or broaches.
- ▶ Generally speaking, make-up is not to be worn aside from any deemed necessary for corrective measures.

If you cannot afford to change your wardrobe to meet these standards for financial reasons, please talk to one of the Lifestyle Medicine Observer Program coordinators.

Relationships

There are to be no courtships or “special” friendships between observers and students going through the six-month Health Evangelism training or students going through the work scholarship program.

Worship/Vespers

We encourage all observers to attend and participate in prayer meetings on Tuesday evenings as well as vespers on Friday evenings.

Disciplinary Procedure

Wildwood Lifestyle Center and Clinic reserves the right to dismiss any observer without a refund who consistently fails to comply with the institution’s rules.

CAFETERIA

A plant-based breakfast and lunch are served in the student cafeteria seven days a week. We are unable to provide accommodations for special dietary needs or preferences. Please plan accordingly.

No discounts will be made based on how often you eat at the cafeteria.

Cafeteria Schedule and Guidelines

- ▶ The student cafeteria is open for breakfast from 7:00 AM till 7:45 AM on weekdays and from 7:30 AM till 8:30 AM on weekends.
- ▶ The student cafeteria is open for lunch from 1:00 PM till 2:00 PM; second helpings are served starting at 1:30 PM.
- ▶ New plates are required for second helpings to prevent the spreading of germs.
- ▶ Only authorized kitchen staff are allowed in the kitchen areas at all times.

Visitor Meals

Visitor's cost per meal **(meals are included for observers)**

1. Adults\$ 8.50 /meal
2. Children under 12\$ 5.00 /meal

MISCELLANEOUS

Library

The use of library books, magazines, and other resources is to be limited to the library and classroom areas. No library items are to be removed. Please do not leave your personal belongings behind in the library.

Printer Use

A printer is available for observer use in the library. Printing costs for documents other than homework:

Black & White - \$0.05 per sheet one side/ \$0.08 per two sides

Color – \$0.20 per sheet one side/\$0.25 per two sides

Lake Edna

Swimming and canoeing in Lake Edna are allowed at the observer's own risk, under the following conditions:

1. Life jackets are to be worn by those who cannot swim and by weak swimmers when they are in the water or in a boat.
2. Men and women are not allowed to swim at the same time with the exception of families.
3. No fishing is allowed in the lake.
4. Off-campus people are prohibited from using the lake facilities.
5. Before anyone engages in lakeside activities, a "Liability Release" form must be signed.

Mail

Mail is delivered daily from the local post office to the Wildwood campus. The telephone operator will notify students if they have received a package. This package can be picked up in the mailroom at the Lifestyle Center. Please ask the switchboard operator to unlock the door.

Wildwood's mailing addresses

UPS & FedEx..... 435 Lifestyle Lane, Wildwood, GA 30757

USPSPO Box 129, Wildwood, GA 30757